

BEHAVIORAL HEALTH WORK GROUP MEETING

October 18, 2018

Lauren Williams, M.P.H, C.H.E.S.®, Coordinator
Local Health Improvement Coalition

Mary Ann Bruce, Delegate
Howard County Health Department

Ayesha Holmes, Delegate
Grassroots Crisis Intervention Center



Promote. Preserve. Protect.

Howard County LHIC

Local Health Improvement Coalition

PURPOSE & AGENDA

GOAL: Provide an update on the suicide prevention initiatives in Howard County and have work group members complete the Question, Persuade, and Refer Training.

AGENDA:

- Welcome & Introductions
- Member Announcements
- Howard County Health Department Suicide Prevention Initiatives Updates
- Question Persuade and Refer (QPR) Training
- Next Steps for full work group and full work group meeting wrap-up

ANNOUNCEMENTS

COMMUNITY FORUM ON THE OPIOID HEALTH CRISIS

Help End the Opioid Epidemic and Save a Life!

Wednesday, October 24, 2018, 7PM-8:30PM
Slayton House, 10400 Cross Fox Lane, Columbia, MD 21044



Did you know that, in 2018, 228 people in Howard County experienced an opioid overdose, including 43 fatalities?

Wilde Lake Community Association Health & Wellness Committee will present a Panel of Experts to discuss how the opioid health crisis is impacting our community. The panel presentation will be followed by Q&A.

- Lieslie Wood, Behavioral Health Outreach Prevention Coordinator, Howard County Health Department
- Dr. Anthony Massey, MD, Psychiatrist, Gladstone Psychiatry
- Jean Webb-Scornaienchi, HC DrugFree's Executive Director
- Earl Matthews, Person in Recovery

Registration is encouraged but not required. To register click the following link: <https://www.eventbrite.com/community-forum-on-the-opioid-health-crisis-tickets-48875742682> Questions? Contact Laura Torres at lm14941@yahoo.com.

WILDE LAKE
COMMUNITY ASSOCIATION



NAMI | Howard County
National Alliance on Mental Illness

4th ANNUAL Bingo Fundraiser "Designer Bag Bingo"

Friday - October 26, 2018 @ 7:00 p.m. (Doors open at 6pm)

*\$20.00 in advance, \$25.00 at door

*Purchase tickets by October 19th and be entered into a drawing for a \$100 Target gift card.
For more information and to purchase tickets call 410-772-9300 or go to <https://namihowardcounty.org>

The Lodge
2832 Nine Mile Circle,
Catonsville, MD 21228
(off Frederick Road just
outside of old Ellicott City)

SPECIALS GAMES * DOOR PRIZES * RAFFLES * FOOD

- Community Forum on Opioid Crisis
- NAMI HC Bingo Fundraiser
- Drug Take Back Day
- Recovery Walk
- Walk MD Day Outcomes

Three out of four people using heroin began with the use of prescription medication

Drug Take Back Day

in Howard County

Saturday, October 27
10 a.m.-2 p.m.

Dispose of your unwanted or expired medications at HC DrugFree's one-day, convenient drive-thru drop-off location (accepting medication, needles, syringes & EpiPens)

Wilde Lake Village Center parking lot,
5305 Village Center Drive

For details, go to
www.HCDrugFree.org
443-325-0040



Message provided by HC DrugFree, Howard County Health Department and Howard County Police with funding from BHA & SAMHSA



Howard County Recovery Walk

Join us to support those in the journey of recovery.

** New Date **

Saturday, October 27, 2018

10:00am—1:00pm

Ellicott City Assembly of God
10600 Frederick Rd
Ellicott City, MD 21042

Live music, resources and **free** food (while supplies last).

Sign up at www.eventbrite.com/e/howard-county-recovery-walk-tickets-48132674124



DOES WHERE YOU LIVE AFFECT *HOW LONG YOU LIVE*?

- The latest data reveals differences down to the census tract level, even for residents just a few miles or blocks apart. Significant gaps in life expectancy persist across many United States cities and towns.

Life Expectancy (5 addresses representing 5 areas w/in Howard County)		Howard County Average	Maryland Average	US Average
HCGH - 5755 Cedar Lane	81.60	82.98	79.20	78.80
West– Gary Arthur Community Center	79.70			
East– Day Resource Center, Jessup	78.80			
North– Ellicott City, George Howard Building	82.10			
Central – Columbia Medical Practice	84.90			

Source:

<https://www.rwjf.org/en/library/interactives/whereliveaffectshowlongyoulive.html>

HOWARD COUNTY HEALTH DEPARTMENT SUICIDE PREVENTION INITIATIVES- COLLEEN NESTER

- Suicide Prevention Initiatives Updates
 - Suicide Prevention Strategic Plan
 - Youth Mental Health Resource Guide
- Suicide Prevention Awareness Campaign
 - Survey Feedback

QUESTION, PERSUADE, AND REFER- TINA FIELD

- Suicide rates increasing in Howard County
- Review language used around suicide
- Recognize the warning signs, clues, and suicidal communication of people in trouble, and gain skills to act vigorously to prevent a possible tragedy

WRAP UP AND NEXT STEPS

- Sign up for a QPR Training at organization
- Complete the Suicide Prevention Campaign survey
- Share the November Action Alert Tool
 - **Action 1:** Drug Take Back Day
 - **Action 2:** Suicide Prevention Awareness Month

WRAP UP AND NEXT STEPS

Mental Health First Aid Action Group Meeting

11/16/18

HCHD

FULL LHIC MEETING

01/24/19

8:30 - 10:30am

WORK GROUP MEETING

02/21/2019

9:00- 10:30am

Barton A/B